



Welcome Home

## Commonwealth Assisted Living Home Safety Checklist

Safety Issue	Concerns to Address
<b>Inside Safety</b>	
Stairways are hazard-free	
Stairways have good lighting that can be turned on at both the top and bottom of the stairs	
Stairways have secure hand rails	
The home is throw rug free	
Carpeting and thresholds between rooms are level and secure	
Working smoke detectors are in place on each level of the home	
Carbon monoxide detector is in place	
A small, easy-to-use fire extinguisher is in place in the kitchen	
Furnace has twice a year inspections	
There are no extension cords running across carpets or floors creating a tripping hazard	
Furniture arrangements allow for easy mobility around the room	
Water heater is set at a safe temperature to prevent burns	
Good lighting is easily available in every room	
Secure grab bars are in place near the toilet and tub in each bathroom	
Bathtub and shower is modified to allow fall free access	
A raised toilet seat is in place if needed	
Night lights are in place in bathrooms, hallways, stairways and kitchen	
Knobs on stove can be turned on/off without reaching over the burner	
Pathway around bed is clear and clutter-free	
Grab bar near bedside to help get in/out of bed without leaning on furniture that may tip over	

Phones in all rooms	
Flashlights near bedside and in living areas	
Home alarm or medical alert system	
Medication management system in place	
Non-skid shoes and slippers	
<b>Exterior Safety</b>	
Steps and stairways have secure handrails	
Exterior doorways have motion sensitive lights	
Sidewalks are free of cracks that may present tripping hazards	
Snow removal plan that includes treating ice on walkways and stairs is in place for winter	
<b>General</b>	
All exterior doors and windows lock securely	
Home alarm system decals and signs in plain view to discourage break-ins	
<b>Other Notes</b>	