

# Pathway to a New "Normal"

Commonwealth Senior Living began implementing strict infection control measures at the onset of the COVID-19 pandemic and has followed CDC guidance, state and local health department directives as well as the protocols published by state licensing agencies since March 2020. We are now confidently moving forward with a two phased, post vaccination reopening plan including "Phase Green" and "Phase Red." This will include a minimum of a two week pause after Phase Red to ensure it is safe to move forward. Phase Green begins when there are no cases of COVID-19 within the community for 14 days.



All Commonwealth Senior Living Communities have successfully completed three COVID-19 vaccine clinics. We believe the following phases will provide our residents, families and associates the opportunity to return to normal as much as possible while continuing to enhance our prevention best practices. The safety of our residents and associates is our top priority, and we will return a community to Phase Red if at any point a confirmed case of COVID-19 occurs in our community, based on local Department of Health recommendations.





*This phase will be implemented when:*

- There have been no cases of COVID-19 in the community in the past 14 days, AND
- At least 70% of residents are fully vaccinated (defined as all required doses of the vaccine have been completed and it has been at least two weeks since the final dose)
- Permitted by the state/local health department



*This phase will be implemented when:*

- There has been one or more confirmed cases of COVID-19 in the community and/or as directed by federal, state, or county officials.

*Testing:*

- Fully vaccinated individuals do not have to be tested unless symptomatic or specifically directed
- If there is more than one case in the community or they had close contact with the positive person, any unvaccinated persons will be tested

*Screening*

Residents will be screened at least daily. Fully vaccinated residents who are able may self-monitor for symptoms rather than having their temperature taken daily. Associates will be screened at the start of each shift, and all visitors will be screened when arriving at the community.

Residents will be screened twice a day, essential visitors will be screened when arriving at the community, and all associates will be screened when arriving at the community.

*Dining*

Residents may enjoy a normal dining experience, including dining with others at the same table. We ask that they wear a face covering when going to and from the dining room, and may remove it while seated. When allowed by state and local guidance, fully vaccinated visitors may participate in dining.

Vaccinated residents may continue to dine in the dining room. Communal dining is suspended for unvaccinated residents.

*Activities*

Residents may engage in activities, social/physical distancing still required. Masks may be removed if all participants in the activity are fully vaccinated visitors may participate in activities.

Group activities are suspended for unvaccinated residents. Any interactions must follow social/physical distancing guidelines.

*Visitors*

Visitors can visit within their loved one's suite. All visitors, volunteers and vendors will be screened, must wear face coverings, and practice social distancing. In house salon/barber services reopen under restrictions.

Only essential and compassionate care family visits are allowed. Salon/barber services are suspended for unvaccinated residents. Vaccinated residents may continue to participate.

*Move Ins & Returning Residents*

New move-ins who are fully vaccinated are tested but not required to quarantine. New move-ins who are unvaccinated will quarantine for 14 days or pending negative test results. Unvaccinated residents returning from an overnight stay will quarantine for 14 days or pending negative test results.

If there is a positive COVID-19 resident in the community, new move-ins of unvaccinated residents into the same area of the community are suspended. New, fully vaccinated residents may move into the area as long as they are made aware of the circumstances. Vaccinated residents who have not been directly exposed may go on outings without testing or quarantine upon return. Unvaccinated residents are asked to restrict outings to essential medical appointments only, and will be required to quarantine or test upon return from these appointments or overnight stays.